

**4th Nordic Conference in Nursing Research
Pre-conference Monday 4th October 2021**

***Session 1: How to research the Fundamentals of Care:
From conceptual confusion to methodological rigour***

10:00-10:15	Welcome with presentations of the learning objectives Professor & Head of Research Mette Grønkjær
10:15-11:00	<ul style="list-style-type: none"> • Introduction to the conceptual Fundamentals of Care framework • Conceptual confusion and conceptual understanding • Identification of gaps Associate Professor Åsa Muntlin
11:00-11:30	Break
11.30-12.15	<ul style="list-style-type: none"> • Using research to advance Fundamentals of Care • Rigorous methods to produce useful information • Complex intervention development • The example of 'COVID-NURSE', a clinical trial of fundamental care for people admitted to hospital with COVID-19 Professor David Richards (Recorded presentation)
12:15-13:15	Lunch
13.15-14.15	Short presentations of examples using the Fundamentals of Care framework in: Education Postdoc Siri Lygum Voldbjerg & Associate Professor Britt Laugesen Clinical Practice Associate Professor Lone Jørgensen & postdoc Karin Bundgaard Management Nurse leader Hildur Hamper
14:15-14:30	Break
14:30-15:30	Discussion in small groups within the subject areas of Fundamentals of Care utilisation in research, management, education and in clinical practice. Participants choose which group and subject area they want to work with. Questions for the groups: <ul style="list-style-type: none"> • Discuss how you perceive the applicability of the Fundamentals of Care framework in your field of work • Identify potentials and barriers to the use of the Fundamentals of Care framework
15:30-15:45	Wrap up and take-home messages



Mette Grønkjær is Professor and Head of Research at the Clinical Nursing Research Unit, Aalborg University Hospital and Department of Clinical Medicine, Aalborg University, Denmark. Mette's research interests include clinical nursing research, Fundamentals of Care, mixed methods and qualitative methods development. Mette leads the cross-institutional research program on Fundamentals of Care in the North Denmark Region involving School of Nursing, University College of Northern Denmark; Aalborg Municipality; Psychiatry - Aalborg University Hospital; North Denmark Regional Hospital; Aalborg University Hospital and Aalborg University.



Åsa Muntlin is an Associate Professor at Uppsala University, Sweden and an adjunct Associate Professor at Flinders University, Australia. She has been a registered nurse for 28 years and has a specialist training in Accidental and Emergency Nursing. She is still working bedside in the ED at Uppsala University Hospital, in a joint position as the Head of Research at the Department of Emergency Care and Internal Medicine at Uppsala University Hospital. Åsa held the inaugural Eleanor Harrald Post-Doctoral Fellowship at the University of Adelaide, Australia. She was working around the Fundamentals of Care together with Professor Alison Kitson and her team.

Åsa is leading and co-leading several clinical research projects and quality improvement projects around the Fundamentals of Care. The latest research project is the Euro2Care project, where bedside nurses in different European countries are interviewed about the Fundamentals of Care framework. Also, she is the co-editor of the Swedish textbook about the Fundamentals of Care framework and its implication in clinical practice. This textbook has also been translated into Danish.



David Richards is Professor at the Universities of Exeter UK, and Western Norway. He has been a registered nurse for 35 years and is at the forefront of international efforts to improve the evidence base for fundamental nursing care combining experimental and observational research on complex nursing interventions, to improve the usefulness of research in nursing for clinicians and patients.

He is chief investigator of the UK's NIHR funded 'COVID-NURSE' clinical trial, evaluating a pandemic-specific fundamental nursing care protocol used by nurses caring for patients admitted to hospital with COVID-19. David is joint editor of the best-selling research methods textbook 'Complex Interventions in Health' and author of more than 270 research articles.



Britt Laugesen is Associate Professor at the Clinical Nursing Research Unit, Aalborg University hospital and in Department of Clinical Medicine, Aalborg University Denmark.



Karin Bundgaard is postdoc at Clinic for Neuro-, Head and Orthopaedic Diseases, Aalborg University Hospital, Denmark; Clinical Nursing Research Unit, Aalborg University Hospital, Denmark & Assistant Professor at Department of Clinical Medicine, Aalborg University, Denmark.



Siri Lygum Volbjerg is postdoc at Clinical Nursing Research Unit, Aalborg University Hospital; Senior Lecturer at School of Nursing, University College of Northern Denmark & Assistant Professor, Department of Clinical Medicine, Aalborg University, Denmark.



Lone Jørgensen is Associate Professor at Clinic for Surgery and Cancer Treatment & Clinical Nursing Research Unit Aalborg University Hospital & Department of Clinical Medicine, Aalborg University, Denmark.



Hildur Hamper is nurse leader at Department of Neurosurgery at Aalborg University Hospital, Denmark.

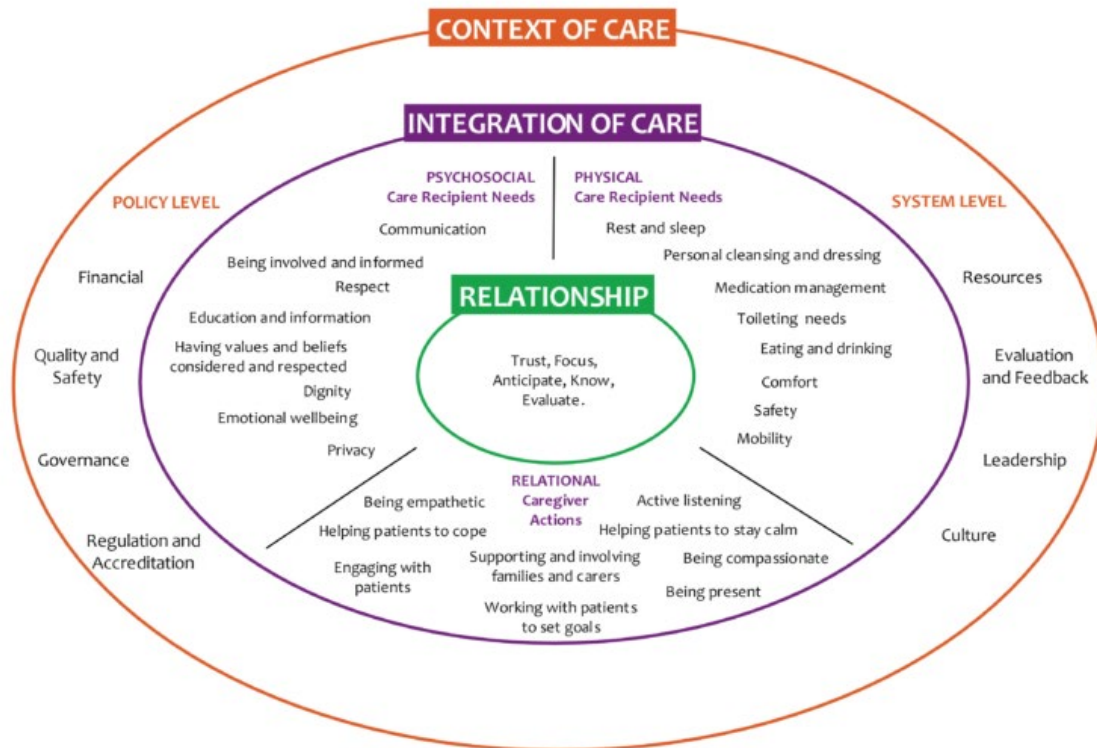


Image obtained from <https://ilccare.org/the-framework/>

Content within image derived from Feo, R., Conroy, T., Jangland, E., Muntlin Athlin, Å., Brovall, M., Parr, J., Blomberg, K., & Kitson, A. (2017). Towards a standardised definition for fundamental care: A modified Delphi study. *Journal of Clinical Nursing*, 27, 2285-2299. doi: 10.1111/jocn.14247